



THE VIEWPOINT

Occupational Therapy Association of Oregon Quarterly Newsletter • Winter 2010

Education: Keeping up with the Profession

Rapid change in our profession is constant. With a proliferation of research evidence, theories, evaluations, and treatment approaches, it can seem daunting to remain current with best practices in occupational therapy. An effective tool for keeping up is the *Occupational Therapy Practice Framework: Domain & Process 2nd Edition* developed by the AOTA Commission on Practice. This document replaced the first edition of the DTPF. Created to take the place of the earlier *Uniform Terminology III* (UT III), the DTPF went beyond the UT III to provide not only a comprehensive terminology but also a description of the domain of our practice and a guideline for implementing the process of OT across all practice areas. The DTPF II is not a theory or practice model, but incorporates many current theoretical concepts and terms to guide the process of OT evaluation and intervention. We are encouraged to

think like OTs as the DTPF keeps our focus on how occupation plays a role in our work and the client at the center of the therapeutic encounter. As written it is not designed to be all-inclusive of what types of issues can be treated by OT. Instead, it serves as a general guideline to support client-centered and occupationally-relevant practice while providing language that is congruent with World Health Organization terminology and helps communicate across disciplines.

An outstanding example of how a large OT department applied the DTPF across many practice areas within a very large healthcare system is the book *Applying the Occupational Therapy Practice Framework: Using the Cardinal Hill Occupational Participation Process in Client-centered Care, 2nd Edition* by Skubik-Pelplaski et al. (2009). The authors detail the process they

used to build consensus for the need to use the DTPF II to frame their documentation, evaluation, and intervention process, and provide specific examples of how that changed practice for the better across their large system. Included with the book is a CD with copies of all their documentation that can be adopted and modified by readers of the book for use in their own systems. The OTs at Cardinal Hill documented and report dramatic improvements in their outcomes since basing their OT process on the DTPF II and encourage others to consider applying the model in their practices.

If you are interested in learning more about the DTPF II and host an inservice at your facility, please contact John White at the Pacific University School of OT (503-352-7355 or whiteja@pacificu.edu)

John White, PhD, OTR/L
Education Representative

Occupational Therapy Licensing Board News

The Oregon Occupational Therapy Licensing Board has its next meeting on Friday, February 4, 2011 at the Portland State Office Building in Room 445. For more information, please contact Felicia Holgate (Felicia.M.Holgate@state.or.us).

Please remember that if you change your address for the state association (OTAO) that does not change it for the Licensing Board (OTLB). You must change contact information, and e-mails for both. The web site for the Licensing

Board is www.oregon.gov/otlb. You should have recently received the newsletter by e-mail. It is also available on the website.

Felicia Holgate, OTR/L
OTLB Director

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Continuing Education Outlook

“This year, our “Hot Region” is Albany/Corvallis...we will be working together to host a Community Connections meeting after the first of the year [in this area]. Community Connections is a time for all OTs to get together, have dinner, and talk about what you want from OTAQ!”

Hello all! Hope everyone’s holiday season has been wonderful. I first would like to welcome Bridget McCarthy, the new Continuing Education Co-Chair. We plan to have Bridget focus on the Annual Conference with the Conference Committee, I will continue to focus on CEs that are offered around the state. She is a great addition to the board and we look forward to working together to offer our members intriguing, stimulating, and desired courses.

This year, our “Hot Region” is Albany/Corvallis! Murry Lyn is the Regional Representative for this area and we will be

working together to host a Community Connections meeting after the first of the year. Community Connections is a time for all OTs to get together, have dinner, and talk about what you want from OTAQ!

In March, OTAQ will be offering a course with a pediatric focus in the Portland area. This will be an exciting hands on course that will get you thinking and be a great addition to your tool box. We will also be offering a course in Bend in May and one in Eugene in June. This year, the Annual Conference will be back in Portland.

Here is a list of upcoming OTAQ courses and regions:

- Jan/Feb: Community Connections (Albany/Corvallis)
- Feb. 28: Legislative Day (Salem)
- March: Pediatrics (Portland)
- May: Bend
- July/August: Eugene
- October: Annual Conference (Portland)

Keep looking for more information! See you there!

Erin Taylor, OTR/L
Continuing Education Co-Chair

AOTA Representative Update

The AOTA Representative Assembly conducted the Fall 2010 Online Meeting from November 8th-November 19th 2010. During the meeting, several Standard Operating Procedures were update and a revised “Obesity Societal Statement” was adopted. In addition, the RA adopted the “Practice Advisory: Services Provided by Students in Fieldwork Level II Settings” document and approved a new award to recognize the contributions of members to the SIS Quarterly. Full de-

tails of the meeting can be found by members of AOTA at: <http://www.aota.org/Governance/RA/PastMeetings.aspx>.

The next formal meeting of the RA will occur in April at the AOTA conference in Philadelphia. Task groups will meet online at the end of March to prepare for the face-to-face meeting. If anyone has issues that they would like the RA to consider at its meeting in April, please con-

tact your representative, Sean Roush, OTD, OTR/L, at rous4634@pacificu.edu to submit your idea. If you’re unsure whether or not your idea is appropriate for the RA, don’t hesitate to contact Sean for consultation. AOTA is here to represent our members and the RA is one of your pathways to participate in the process!

Sean Rousch, OTD, OTR/L
AOTA Regional Representative

Student Representative: Holidays at Pacific

Happy times this winter! The first-years have completed their first semester of grad school-- CONGRATS! The second-years are officially half-way through their Master's program-- HOOORAY! The third-years are finishing up their fieldwork and getting ready to dig into their Innovative Practice Projects. Can you believe it?!

We gather this time of year to reflect and

celebrate—and from a student's perspective, these are all wonderful reasons to do so. I, for one, will once again be able to enjoy some social participation with friends and family. From the students at Pacific—Happy Holidays, safe travels, and enjoy the magic of the season!

Victoria Eaton, OTS
SOTA Representative



First year reindeer spread cheer at the Pacific University School of OT annual holiday celebration.

A Message from the President

The past year of OTAO has seen many accomplishments and new beginnings as new board members came on board and experienced board members took on different roles. The 2010 Legislature Day at the State Capital in Salem was huge success and this year hopes to continue on the tradition on February 28, 2011. OTAO is working on developing the day as a continuing education event, enticing more practitioners to come learn how the legislature affects their lives and in turn how they can affect the legislature. John McCulley, our lobbyist, continues to advocate for us and the 2011 session will be busy with the Health Care Reform Act.

The board developed a strategic plan for 2010-2012 at the OTAO board retreat in July 2009. The plan was revisited to measure progress and modify it as needed. Below is a brief summary of the concepts and plans.

The 2010 OTAO Annual State Conference, *Inspiring Excellence*, at the Five Pine

Resort and Conference Center in breathtaking Sisters, Oregon, showed once again that Mindy Laidlaw and her crew have a lot more talent aside from being exceptional occupational therapists.

The keynote speaker, Todd Stabelfeldt, gave a cynical, heartwarming, and up-lifting speech about his life and his experience with occupational therapists. He

left us with the reminder that we are unique as a profession. We should celebrate that uniqueness and accept that we can and do change lives. We also found out he is a mean auctioneer! Here's his website: www.TheTSF.org

The President's Breakfast at Conference inspired several people to get more involved with OTAO: Linda Smith as Scholarship Chair, Murry Lyn as Albany/Corvallis Regional Representative, Nancy Forrest as Klamath Falls Regional Representative and Lucy Anderson-Duyck as the Mental Health SIS Chair.

Speaking of Regional Representatives, Sue Wimmer has taken over my position as Salem Regional Representative. The past year in Salem did not show as many exciting events as we have had in previous years. However, the pain management workshop by Margo Traines held at Thai Orchard was well attended. I presented on sensory processing for the geriatric client for our annual April CE

event to celebrate OT Month. I know Salem will be in good hands with Sue.

The last bit of news is we have a new editor for the newsletter, Lizzie Scanlon! A huge thanks to Desiree who has added editing the newsletter to her many duties over the years!

So here's to an exciting 2011 (no science fiction book has been written about this year, so we are venturing into uncharted waters)! See you on February 28, at CE events, and at next year's conference! And, in the meantime, drop me a line with thoughts, comments, ideas. That is how we grow.

Sara Pickett, OTR/L
OTAO President



Todd Stabelfeldt auctions vacation-stays and golf lessons, among other hot ticket items at 2010 Annual Conference in Sisters, Oregon.

Vision Statement	How are we doing?
<p><i>"We envision that OT is a powerful organization participating in advocacy, legislation while maintaining financial stability, efficiency, cohesiveness and accountability to its members"</i></p>	<p>2010: increased board accountability to positions, developed advocacy packet (available on website), investigated web based CEU, participated in Legislature Day</p> <p>2011: increase membership to 33% OT practitioners members of OTAO, re-establish 100% of board positions filled, identify of potential legislature committees in which OTs can be members, research position for webmaster to expand website accessibility, continue exploration of web based CEUs.</p>
<p><i>"We envision that OT is a widely recognized profession through continuing relations with the OTLB, Pacific University, Linn-Benton Community College, continued legislative advocacy, technology development, expanding membership and promoting the profession as well as OTAO"</i></p>	<p>2010: developed marketing packet and brochure, created Facebook page, participated in Legislature Day in February, held community connection meetings in regions</p> <p>2011: create 3 regular press releases, establish task force to look at ways to "market OT" to public officials, add to website a "this week in OT" section, regional representative event at conference, continue support of OTA program at Linn Benton</p>
<p><i>"We envision that OT be evidenced based and science driven through CE events, including conference, and continued relationships with Pacific University, Linn-Benton, AOTA and other universities, expanding rural connections, and SIS expansion"</i></p>	<p>2010: established a procedure for CE outside of conference, established quarterly CE schedule, supported OTA program development</p> <p>2011: look at creating an "OT classified section" on website, create procedure for maintaining regional rep handbooks, focusing on Albany/Corvallis as region</p>

Membership: It's a Challenge!

It's official: The students at Pacific University hereby challenge YOU—the OTs and COTAs of Oregon—to a membership drive!

Do you know all the awesome things that OTAO does for us? Continuing education, OTAO conference, and a lobbyist who helps us keep our jobs and scope of practice, among many other exciting things! *About 20% of Oregon-licensed OTs and COTAs are currently members (above most state averages). However, over 70% of Pacific University OT students are members of our state's*

professional organization!

So what's in it for you, aside from the benefits of membership itself?

EVERY new and renewing member from Jan 1st - March 31st, 2011 will receive a thank you card signed by the students, a special gift, and will be entered into two drawings for free stuff! (One at Practitioner's Day in April, the other at the OTAO Conference October 2011). We hope to see the state-level rise to 30% by the end of this.

EVERY new and renewing member April 1st - August 31st will receive a thank you card, a special gift, and be entered into a drawing at the OTAO Conference, Oct. 2011. We hope to see the state-level increase to 40%—over DOUBLE the national average!

PLUS... you'll be part of a great group of people helping to promote our profession. We hope you're up to the challenge! We look forward to working with you in the future.

Spread the word among your colleagues, co-workers, and friends!

"We are very excited about the development of the new otao.com and look forward to its launch spring 2011."

Marketing: Setting Our Site Beyond

Anyone who has visited OTAO's website (www.ota.com) could probably describe the experience as less than awe-inspiring. A functional site most of the time, it has had its problems along the way since being launched, built from scratch, in 2003. Since 2005, we have had the good fortune to work with ClubExpress who has added reporting, membership management, and online transactions over the years. However, to offer more to our members, we needed to look beyond the somewhat limited features of our current site.

We have reviewed the websites of organizations nationwide—occupational therapy associations in addition to other

professional member organizations—to identify features both design and functional that we'd like to include. We explored options to work within the existing offerings of ClubExpress, hire a web designer, and options afforded by other web companies. Members provided insight into their likes/dislikes about our current site and what they might like changed.

In November, the OTAO Board of Directors approved the marketing co-chairs' proposal to contract with Affiniscape to redesign and host the OTAO web site. Their expertise and support will enable more than changes in the look and feel of the website—it will enable greater op-

portunities for interaction, customized user experiences, as well as an avenue for generating revenue to offset some of the costs.

We are very excited about the development of the new otao.com and look forward to its launch spring 2011. Follow us on Facebook where we'll be posting updates about web developments and other happenings with OTAO. We welcome comments and input through Facebook, email, or wherever you find us. Wishing you all a very Happy New Year!

Sarah Foidel, OTR/L and
Amanda Moore, OTR/L
Marketing Co-Chairs

Behind the Scenes, From the Editor

With the new year, comes a new editor, layout, and opportunity for additional growth and change.

Thank you, Desiree, for your work in the past. It was a pleasure to meet the face

behind the name,

What do you want from the quarterly newsletter? Classifieds? A practice related feature? News about innovative practice across Oregon? Editorials?

Please send your suggestions and feedback to me at: egscanlon@gmail.com.

Lizzie Scanlon, OTR/L
Newsletter Editor

OTAO CALL FOR NOMINATIONS
Nominations must be received* by February 16, 2011 to be on Ballots
President-Elect

Nominee

Vice-President

Nominee

Treasurer-Elect

Nominee

* Nominations can be returned by fax, e-mail or mail:

Fax: (503) 690-1819 *** E-mail: otao@otao.com *** mail: OTAO, PO Box 7133, Aloha OR 97007

About the Positions:

President-Elect:

This position is a one-year term, followed immediately by a two-year term as President. The first year begins July 1, 2011 and ends June 30, 2012, during which this person will work closely with the President and prepare to take over the duties of President beginning July 1, 2012. The President is responsible for managing the operations of the Association, providing guidance to the Board and the Association's leadership in meeting the needs of its members and managing the Office Manager position. The President facilitates diverse conversations, assists in problem solving and looks for creative and innovative ways to grow and develop the Association's service. The term of office will be two years with eligibility for re-election, but may not serve more than two consecutive terms in this office. The position continues on for two years as a Past President position on the Board following the conclusion of the President's active term of office. The President-Elect position is a non-voting member of the OTAO Board of Directors, and must attend all scheduled Board meetings. Upon assuming the position of President, the position becomes a voting member of the OTAO Board of Directors, must attend all Board Meetings, and shall submit an article to the newsletter on a quarterly basis.

Vice-President:

This position has a two-year term which begins July 1, 2011 and ends June 30, 2013. The following are the duties the Vice-President is responsible for, as outlined in the OTAO By-Laws. The VP shall actively assist the President in the discharge of all duties and shall discharge the duties of the President in the President's absence, or in the event of a vacancy in that office, shall fill the expired term. The VP is an ex-officio member of all standing committees, be responsible for coordinating the biennial review of the Bylaws, coordinate and monitor the review of Policies and Procedures. The VP will coordinate the review of the Strategic Plan and facilitate the development of annual action plans to support the OTAO objectives and coordinate and monitor OTAO Standard Operating Procedures. The Vice President position is a voting member of OTAO and must attend all scheduled Board Meetings.

Treasurer-Elect:

During the one year term as Treasurer-Elect, this person will work closely with the current Treasurer and prepare to take over the duties of Treasurer. The Treasurer is responsible for tracking the financial status of OTAO including revenues, expenses and special funds. Assists the Board in developing its annual budget, provides membership with information including where monies are allocated, where funds are distributed and financial status for further strategic planning. The Treasurer-Elect shall be a member of OTAO with a minimum of one year clinical experience. The one year term of office will begin on July 1, 2011 and end on June 30, 2012. It will be immediately followed by a two year term as Treasurer beginning July 1, 2012. The Treasurer-Elect shall not be prohibited from serving in another capacity on the Board during the Treasurer-Elect year of service. This position is a non-voting member of OTAO and the Treasurer Elect attends all scheduled Board Meetings. The Treasurer position is a voting member of OTAO and must attend all scheduled Board Meetings. An annual Treasurer's report is prepared and presented at the annual Conference.



CONTINUING
EDUCATION
OPPORTUNITY

February
28th, 2011

JOIN US AT THE CAPITOL!

LEGISLATURE'S DAY

Earn 3 CEU's and develop OT advocacy skills by attending the Third Annual Legislature's Day. Practitioners and students will join together to promote occupational therapy and discover ways to navigate through the political world in which we live, work and play.

E-mail: OTlegislation@gmail.com for more information or sign up on www.OTAO.com!



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Guidelines for contributions: News and feature articles are welcomed. Submitted articles should be practice related. Accuracy of information is the responsibility of the authors. Publication of articles is primarily for informational and educational purposes and not for promoting or endorsing one particular technique, procedure, or philosophy over another. OTAO disclaims any liability or responsibility for individual use of applications or procedures or techniques described. Subject matter presented in "Letters to the Editor" column reflects the personal opinion of the author(s) and is not meant to represent the policy or opinion of OTAO. Photos should be black and white, at least 3x5 in, with good definition of detail. Deadline for receipt of articles is the 1st of the month preceding the desired month of publication (published in March, June, Sept, and December). Submitted materials cannot be returned.

Copies of the newsletter are available from the Executive Office for \$10.00. **Subscription Rates:** Subscription is a benefit of OTAO members and is included in yearly membership rates.

Change of Address: Should be provided to OTAO via mail or e-mail as provided above, or done online by the Member. Newsletters are mailed 3 class and will not be forwarded by the post office. Yearly membership is renewed in July; applications must be received by November 1 for members to be included in the annual membership directory.

Advertising: All ads should be submitted to: Desiree Keplinger, OTAO, PO Box 7133, Aloha OR 97007, or via email at: otao@otao.com, by the 15th of the month preceding the desired month of publication. OTAO is not responsible for statements made by its advertisers; unless so stated, publication of advertisements does not reflect an official endorsement of the OTAO. Prepayment must be received prior to inclusion of advertisement. Advertising rates can be viewed at: www.otao.com/Advertising

We're on the web:
www.otao.com

2010-2011 OTAO Board Members



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All contact information can be found at www.otao.com