OCCUPATIONAL THERAPY ASSOCIATION OF OREGON
2015 Annual Conference
October 9 and 10, 2015
St. Charles Medical Center
Bend, Oregon

Conference Schedule & Course Descriptions
2015 Annual Conference
Friday, October 9 through Saturday, October 10, 2015
St. Charles Medical Center
Bend, Oregon

Friday, October 9

8:00 – 9:00 am
Registration, Continental Breakfast, Exhibits and Networking

9:00 – 10:00 am
OPENING KEYNOTE – 1 CE HOUR

Mental Health For All!

This keynote presentation addresses the growing recognition that psychosocial function is central to successful occupational performance in every setting where OT practitioners work. Mental health and wellness are always relevant to daily life engagement, and clients in every practice setting may experience mental health issues.

Objectives include identification of how mental illnesses negatively impact occupational performance; description of an occupation-based recovery model for addressing psychosocial needs; clarification of evidence-based OT strategies to assess and intervene when mental health is compromised; and envisioning ways for OT practitioners to better address mental health needs of clients in any setting.

10:00 – 10:15 am
Break, Exhibits and Networking

10:15 – 11:15 am
BREAKOUT SESSIONS A (PLEASE CHOOSE ONE) – 1 CE HOUR

A1. RETURNING TO DRIVING AFTER A CHANGE IN MEDICAL CONDITION

Have you wondered if your patient is medically fit for returning to driving? Who is responsible for determining whether your patient should return to driving? At times providing a patient with the correct answer regarding returning to driving can be confusing.

This presentation will address the role of occupational therapists addressing whether a patient is fit to return to driving. Join Jeff as he helps you navigate the process of assisting your patient in returning to driving. He will identify the process the DMV uses for determining whether a patient may return to driving and what is your role as an Occupational Therapist.

A2. I’M COMING OUT? THE ROLE OF GRIEF AND CELEBRATION IN COMING OUT ACROSS THE LIFESPAN

This presentation will focus on a general overview of vocabulary related to sexual and gender identity. We will discuss the impact that coming to terms with one’s identity/coming out might have throughout the lifespan on grief, loss, and celebration. The goal of this presentation to provide education and resources to help us better identify and serve our clients with needs in this area by helping them achieve their goals. Issues of gender identity, including working with transgender clients, will be discussed, as well as their impact on overall mental health and well-being. Occupational Therapy’s unique role in addressing these issues with clients will be described, as well as strategies for opening up the discussion, providing support and resources, and developing a therapeutic relationship. Opportunities for OTs to participate in this emerging practice area will be outlined.
Moderator: 
KATHLEEN ALLGOOD

Panelist Christine Van Osdol, MOTR/L, OTD and other members from the OTLB Workgroup will discuss ideas to address caseload and workload issues in school-based settings. Topics include:

- Clinical reasoning and how caseloads and workloads affect assessments and intervention
- Professionalism, caseloads, and having clinical guidelines and how these can influence stature and professionalism of occupational therapy in schools
- Changing policy and how to use evidence-based practice to influence policies and practices in school-settings

Session attendees will also explore the risks and ethical challenges of having too many kids on caseloads with current and retired therapists.

11:15 – 11:30 am  
Break, Exhibits and Networking

11:30 am – 12:30 pm

ROUNDTABLE DISCUSSIONS – 1 CE HOUR

Listen, Learn and Lead

Make connections with fellow colleagues that will last throughout the conference and beyond!

These roundtable sessions gather you and your peers in a unique and effective way. Come ready to discuss hot topics, opportunities and everyday challenges facing the occupational therapy profession today.

12:30 – 1:30 pm  
Lunch, Business Meeting, Networking and Silent Auction

1:30 – 2:00 pm  
Break, Exhibits and Networking

2:00 – 3:00 pm  
BREAKOUT SESSION B (PLEASE CHOOSE ONE) – 1 CE HOUR

B1. POSTER PRESENTATIONS

In an effort to recognize occupational therapy related research in Oregon and promote further research efforts, OTAO will be highlighting Oregon researchers at the Annual Conference. The poster session will include a viewing as well as a question and answer period.

B2. ANIMAL ASSISTED INTERVENTION APPROACHES WITHIN OCCUPATIONAL THERAPY

Occupational therapy continues to strive to develop models of best practice, involving structured approaches and ethical considerations to support areas of intervention. Occupational therapy caters to a holistic approach to treatment, acknowledging both the subjective and objective manifestations of illness/disease or injury. In order to support the totality of the client, it is vital that therapists integrate tools and strategies that impact daily performance patterns and influence how one engages in occupation.

There is a growing body of knowledge surrounding the human-animal bond, in particular our relationship with animals and how they influence the way in which people choose to live and work. As a treatment modality, it is essential that practitioners utilize professional practice guidelines and strive for quality performance outcomes.

This presentation will explore evidence-based research related to the human/animal bond, uniform terminology, proposed standards of practice. We will also address professional obligations pertaining to self-competency in the areas of animal behavior/welfare, client/facility screening, risk factors and liability and implementation. Additionally, case studies involving canine-specific animal-assisted interventions within a variety of professional OT settings will be discussed.
B3. EMERGING OPPORTUNITIES IN OCCUPATIONAL THERAPY PRACTICE TO FACILITATE ACCESS TO SERVICES

Given significant changes in health delivery systems, occupational therapy’s role in primary care, telehealth and rural practice are explored with ample opportunity for participant discussion with an aim to generate ideas for an action plan to help secure our position as a profession in new models of practice that facilitate access for Oregonians currently denied OT services.

In this presentation, the three-member panel identifies underserved populations in Oregon, discusses issues that limit access to OT services, and describes national and state trends and activities that support OT’s participation in emerging roles in primary health care, rural practice and use of telehealth. The ensuing roundtable discussion proposes initial ideas for future action while engaging participants in a discussion to identify interest and additional strategies to promote participation in emerging areas of practice that facilitate access to OT services for all Oregonians. The end goal is to generate interest and ideas to form the basis by which a statewide action plan could be developed.

Break, Exhibits and Networking

KEYNOTE – 1.25 CE HOURS

Move Beyond Your Boundaries

Born without legs, improper bone growth in his arms and adopted at birth, Vail is the founder and current leader of three thriving companies, two of which are non-profits.

- Keen provides world-class medical products and services focused on safety, mobility, and comfort. Keen has ranked within the top 50 companies on The Portland Business Journal’s annual Fastest-Growing Private 100 Companies list for eight consecutive years and ranked on the Inc. 5000 for seven consecutive years.
- Incight has raised over $12 million dollars to provide education, employment, networking, independence, health and wealth opportunities for people with disabilities.
- The Handicrap Foundation promotes the anti-stigma campaign Handicrap™: a limiting belief adopted as reality.

Additionally, Vail serves on the Secretary of State’s Advisory Committee for Worldwide Disability Policy. He was chosen as one of the 2007 Ten Outstanding Young Americans by The United States Junior Chamber (Jaycees) and was chosen as one of the 2013 World Economic Forum Young Global Leaders. Vail graduated from the University of Portland and was awarded the Contemporary Alumni Award in 2007.

Vail is beautifully married with 4 children. He has a true calling to change the world for the better.

Reception with Exhibits, Silent & Live Auction and Awards Ceremony
Saturday, October 10

Registration, Continental Breakfast, Exhibits, Networking and Silent Auction

9:00 – 10:00 am

BREAKOUT SESSION C (PLEASE CHOOSE ONE) – 1 CE HOUR

C1. BEYOND SURVIVING: TOOLS FOR SUCCESSFUL COMMUNITY INTEGRATION

This presentation will educate participants on the elements of the Phoenix Society's Beyond Surviving Program to include the 5 components of STEPS: Self-talk, Tone of Voice, Eye Contact, Posture and Smile.

The Phoenix Society, an international support group for burn survivors, has developed a tool for survivors of traumatic burn injuries. This tool can be modified for patients and family members dealing with negative reactions by friends and strangers to physical difference due to trauma, congenital birth anomaly, severe illness or effects of aging.

Occupational therapists treat patients who return to the community post hospitalization with lifelong physical differences that are noticed by members of the community. Successful community integration takes time and patience with other's curiosity and ignorance. With practice and knowledge of the STEP program, survivors and their family members can engage with community members to educate and assure that the survivor not only is safe but competent, friendly and an individual who can enhance the value of the community.

C2. TELEHEALTH: THE FUTURE IS HERE

In 2015, reimbursement for telehealth service began to gain momentum, with support by both OTAO and AOTA, in the different legislative bodies. Telehealth allows practitioners to better serve underserved populations in patient care, preventive services, and strengthen continuum of care. Explore how telehealth fits into your practice to increase your understanding of this innovative model of service delivery.

Members of this panel presentation will explain telehealth technology, discuss and identify how telehealth opportunities can be used to reach underserved population and rural areas, share examples of the use of telehealth in practice, and describe national and state trends for the use of telehealth and how those trends affect occupational therapy. The end goal is to introduce the benefits of telehealth in occupational therapy to decrease skepticism about this method of service delivery.

C3. DETERMINING VALIDITY AND RELIABILITY IN A COGNITIVE INTERVENTION TOOL - THE COGNITIVE PYRAMID

There are many validated tools that assess delirium or cognitive deficits but none that offer guidelines on interventions at the bedside in the hospital setting. An OT and 2 RNs developed a cognitive assessment and intervention tool to identify behaviors indicating cognitive impairment, improve communication regarding behaviors, and progress plans of care. The tool consists of 6 levels of cognitive function in a pyramid form, grouping patient behaviors on the left side and correlating appropriate safety strategies on the corresponding right side of the pyramid. The Cognitive Pyramid is valid for both behaviors and interventions.

Break, Exhibits, Networking and Silent Auction
10:15 – 11:15 am

**BREAKOUT SESSIONS D (PLEASE CHOOSE ONE) – 1 CE HOUR**

**D1. OCCUPATIONAL THERAPY AND PRODUCTIVITY ETHICS - WHAT’S THE BIG DEAL?**

This session will address the concepts of productivity and ethics related to Occupational therapy practice. Specific ethical issues will be presented with an opportunity for participants to present their own concerns/issues. Fraud and abuse will be reviewed with specific focus on occupational therapy practice.

Upon completion of this session, participants will be able to:

- Define fraud and abuse and give examples of both related to the practice of occupational therapy
- Identify ethical issues common in the practice of occupational therapy
- Express an understanding of “conflict of interest” and how to prevent

**D2. REFLECTIVE EXPLORATION OF PARENTING INTERACTIONS TOOL**

The REPIT™ is a process and an opportunity to explore your role as parent or therapist in dealing with your child’s challenging behaviors. This unique dialogue systematically gives individuals access to their unconscious thought patterns regarding beliefs and interpretations of the child’s behaviors.

Danni will lead an evening of interactive discussion with the opportunity for individuals to gain a new perspective on how they relate to children’s problematic behaviors. The facilitated dialogue of the REPIT™ has the potential to shift your thoughts in a way that allows for new insights and ease of interactions.

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11:15 – 11:30 am

Break, Exhibits and Networking

11:30 am – 12:30 pm

**ROUNDTABLE DISCUSSIONS – 1 CE HOUR**

**Listen, Learn and Lead**

Make connections with fellow colleagues that will last throughout the conference and beyond! These roundtable sessions gather you and your peers in a unique and effective way. Come ready to discuss hot topics, opportunities and everyday challenges facing the occupational therapy profession today.

12:30 – 1:30 pm

Lunch, Networking, OTLB Meeting and Silent Auction

1:30 – 1:45 pm

Break, Exhibits and Final Silent Auction

1:45 – 3:00 pm

**CLOSING KEYNOTE – 1.25 CE HOURS**

**It Starts with Getting Out of Bed: Portland to Patagonia and the Activities of Daily Adventure**

In 2013-2014, Kelly and her then fiancé rode their bikes from Portland, OR to Ushuaia, Argentina (skipping a chunk of real estate in Central America, but she’ll go over that). Seth was the first person to make a transcontinental handcycle ride and he did it with Kelly, unsupported. Take a guy with a spinal cord injury, an OT, both traveling 6,500 miles by bike through eight countries for 315 days and you’ll get some great stories that are destined to have OT relevance. Hint: what does a daily routine entail?

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3:00 pm

Conference Concludes

*Conference schedule/program is subject to change*
**General Conference Information**

**Conference Location**
St. Charles Medical Center  
2500 NE Neff Road  
Bend, OR 97701  
541.382.4231

**Conference Lodging**
A block of rooms have been reserved at a special rate at the Hilton Garden Inn and Hampton Inn & Suites. To make reservations, call the hotels directly at 541.617.6111 and 541.388.3000 respectively and ask for the Occupational Therapy Association of Oregon room block. Room reservations must be made by 5 pm on September 9, 2015 to insure availability and the group rate.

The group room rate is $146 at the Hilton Garden Inn and $136 at the Hampton Inn & Suites plus state and local taxes (currently 11.4%) per room, per night, single or double occupancy. Check-in time is 3:00 pm. Check-out time is Noon. Please check with each hotel for their cancellation and early check-in policies.

**Registration Information**
Your conference registration includes: Education sessions, electronic handout materials, exhibits, continental breakfast, lunch, breaks, Friday reception and an early bird discount option.

Space is limited. Early registration is encouraged. In the event that room space becomes filled to capacity, some registrants will not be able to be accommodated and will be notified. Registrations will be accepted on a first-come, first-served basis.

**Three easy ways to register:**
Via the Internet through our website at www.otao.com. Payment can be made with credit card.  
Fax your completed registration form with credit card payment to: 503.253.9172  
Mail your completed registration form with check or credit card payment to: OTAO, 147 SE 102nd Ave., Portland, OR 97216

**Cancellation Policy**
Cancellations received on or before October 2, 2015 will receive a full refund minus a $50 administrative fee. Cancellations received after October 2, 2015 will receive a 50% refund of their total fees. No shows and same-day cancellations will not receive a refund.

**Speaker Handout Information**
OTAO is aware that every piece of printed paper has an impact on our meeting’s carbon footprint. In an effort to minimize paper waste, session handouts (as provided by the speakers) will be available online at www.otao.com approximately one week prior to the conference. Registered attendees will be emailed information on how to access them.

**Continuing Education Credits**
OTAO CE courses and hours may be accepted by the Oregon Occupational Therapy Licensing Board. A course completion certificate will be issued to registrants upon completion of the course.

**OTAO Business Meeting**
The OTAO business meeting will be held during the lunch on Friday, October 9. Individuals who wish only to attend the business meeting (and not have lunch) can do so by signing in at the business meeting door and sitting in the reserved area. If you wish to attend only the business meeting and lunch, please register in advance.

**Exhibits**
The exhibit area will be open Friday, October 9 from 8:00 am – 6:00 pm and Saturday, October 10 from 8:30 am to 1:45 pm. Please take advantage of the opportunity to visit with vendors during the exhibit hours and learn more about the products and services they offer. Door prize drawings will take place during the 1:30 pm break on Saturday.

**Questions?**
Contact OTAO at 503.253.2981 or at info@otao.com
Registration Information

To completely register for the OTAO Conference it is necessary to fill out all five of the steps to process your registration.

Step 1 – Attendee Information

Please provide the following information to register: (For additional registrants, please photocopy this form.)

- Mr.  
- Ms.  
- Mrs.  
- Dr.

First Name: ___________________________ Last Name: ___________________________ Designations: ___________________________

Badge First Name (if different): _____________________________________________________________

Company/Work Facility: __________________________________________________________________

OTAO Membership Number: ___________________________ Oregon License Number: ___________________________

Mailing Address  
- Home  
- Work: _____________________________________________________________

City: ___________________________ State: ___________ Zip: ___________________________

Business Phone: ___________________________ Fax: ___________________________ Email: ___________________________

Special Needs:

If you have any special requirements (i.e., vegetarian diet, food allergies, handicap access, etc.) that would necessitate advance planning on our part, please let us know here: _____________________________________________________________

Liability Waiver: By registering for this conference, you waive all liability to OTAO for any injury that may occur during this conference.

Step 2 – Select Your Breakout Sessions

Please check your breakout session choices for the conference — Select only one in each section

**Friday, October 9**

10:15 - 11:15 am
- A1. Returning to Driving After a Change in Medical Condition
- A2. I’m Coming Out? The Role of Grief and Celebration in Coming Out Across the Lifespan
- A3. Workload vs Caseload in School-Based Settings

2:00 - 3:00 pm
- B1. Poster Presentations
- B2. Animal Assisted Intervention Approaches within Occupational Therapy
- B3. Emerging Opportunities in Occupational Therapy Practice to Facilitate Access to Services

**Saturday, October 10**

9:00 - 10:00 am
- C1. Beyond Surviving: Tools For Successful Community Integration
- C2. Telehealth: The Future is Here

10:15 - 11:15 am
- D1. Occupational Therapy and Productivity Ethics - What’s The Big Deal?
- D2. Reflective Exploration of Parenting Interactions Tool

— over —
Step 3 – Select Your Registration Category

Early bird discounted rates end after October 2. Registration includes the courses, continental breakfast, lunch, breaks and Friday Reception. Not a member? Go to www.otao.com, join today and take advantage of the member fees.

Conference Registration Fees – FULL CONFERENCE

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<th>MEMBER REGISTRATION FEES</th>
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<td>Retired Member</td>
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Conference Registration Fees – ONE DAY (Please select □ Friday or □ Saturday)

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Step 4 – Additional Meals

FRIDAY

□ Breakfast # ________ @ $15 ea. Name(s) of Guests
□ Lunch # ________ @ $25 ea. Name(s) of Guests
□ Reception # ________ @ $25 ea. Name(s) of Guests

SATURDAY

□ Breakfast # ________ @ $15 ea. Name(s) of Guests
□ Lunch # ________ @ $25 ea. Name(s) of Guests

Special Needs:

If your guests have any special requirements (i.e., vegetarian diet, food allergies, handicap access, etc.) that would necessitate advance planning on our part, please let us know here: ________________________________

Step 5 – Payment

□ Check made payable to OTAO or  □ Visa  □ MasterCard  □ AMEX  □ Discover

If paying by credit card, please complete the following:

Card Number: ____________________________________________ Expiration Date: __________________________ Amount Authorized: __________________________

Cardholder’s Name: ______________________________________ Cardholder’s Signature: ________________________

Credit Card Billing Address: ______________________________ City: ______________ State: __________ Zip: ____________

Due to credit card security policies we cannot accept registrations over the phone or via email. Please mail or fax in your completed registration form with payment or register online at www.otao.com.

Email Address to Send Credit Card Receipt to: ________________________________